



BUILD-A-BOWL

FEATURED BOWLS

Power Bowl   **12.99**


Rice, quinoa & kale, chickpeas, carrot, cucumber, pickled turnip, sunflower seeds, avocado, lemon tahini.

Burrito Bowl  **12.99**

Rice, chicken, black beans, corn, salsa avocado, cheese, chipotle aioli, garlic aioli.

Mediterranean Bowl  **12.99**

Rice, chicken, roasted broccoli, tomato, cucumber, pickled turnip, feta, tzatziki.

Preposterous Vegan Bowl  **12.99**

Rice, Preposterous Beef, sweet potato, roasted broccoli, corn, black beans, crispy onions, avocado, BBQ sauce.

Green Goddess Bowl   **12.99**

Quinoa & kale, tofu, chickpeas, carrot, cucumber, avocado, dressing.

Build Your Own Bowl   **12.99**

Choice of one base, one protein, veggies, sauce and toppings.



Vegetarian



Gluten Friendly



BUILD-A-BOWL

BUILD YOUR OWN BOWL 12.99

Choice of one base, one protein, veggies, sauce and toppings.

Add extra protein \$3.99




PROTEIN

- Roasted Chicken
- Chicken Shawarma
- Jerk Chicken
- Tofu 
- Roast Chickpeas 
- Preposterous Beef 

SAUCE

- Salsa 
- Lemon Tahini 
- BBQ 
- Garlic Aioli 
- Chipotle Aioli 
- Green Goddess 

BASE

- Lime Rice 
- Brown Rice 
- Quinoa & Kale 

VEGGIES

- Corn
- Black Beans
- Broccoli
- Cucumber
- Tomato
- Pickled Turnip
- Carrot
- Avocado

TOPPINGS

- Chili Crisp
- Crispy Onion
- Mix Cheese
- Feta Cheese

 Vegetarian  Gluten Friendly