Recipe #1

Arugula Salad with Olive Oil, Lemon, and Parmesan Cheese

Makes 4 servings

Ingredients

- 2 bunches arugula, washed, dried, and torn
- Salt

- 1/4 cup extravirgin olive oil
- ½ lemon, juiced
- Freshly ground black pepper
- A chunk of Parmigiano-Reggiano

Directions

- 1. In a serving bowl, drizzle the arugula with the oil, squeeze in the lemon juice, and sprinkle with salt and pepper.
- Toss until well mixed and taste for seasoning. Use a vegetable peeler to shave thin pieces of Parmigiano over the top.

Turkey Stuffed Shells with Spinach

Makes 6 servings

Ingredients

• 1 (12-oz.) package jumbo shells

For the filling:

- 1 large egg
- 1 (16-oz.) container ricotta
- 2 cups shredded mozzarella, divided
- ¾ cup freshly grated Parmesan, divided
- 1 (16-oz.) package frozen spinach, thawed and squeezed dry
- 1 tsp. fresh thyme leaves
- ¼ tsp. freshly grated nutmeg, plus more for serving

- 1/4 tsp. freshly ground black pepper
- ¼ tsp. crushed red pepper flakes
- ½ tsp. lemon zest, plus more for serving
- ¾ tsp. kosher salt
- 1 clove garlic, grated

For the sauce:

- 2 tbsp. extravirgin olive oil
- 6 cloves garlic, smashed
- ½ tsp. freshly grated nutmeg
- · 3 cups marinara sauce
- 1 tsp. granulated sugar

Marinara sauce

- 1/4 cup extravirgin olive oil
- ½ medium onion, minced
- 4 cloves garlic, thinly sliced
- 1 (28-oz.) can whole tomatoes
- 1 tsp. dried oregano
- · Pinch red pepper flakes
- Kosher salt
- Freshly ground black pepper
- · 2 large sprigs fresh basil
- In a large, deep skillet over medium heat, heat oil. Add onion and cook

- until soft, 5 minutes. Stir in garlic and cook until fragrant, 1 minute more.
- 2. Pour in tomatoes and use a wooden spoon to break tomatoes into chunks. Fill tomato can almost halfway with water and swirl to catch any remaining sauce, then add to skillet. Season with oregano, red pepper flakes, salt, and pepper and stir in basil. Bring mixture to simmer.
- Reduce heat to low and simmer until liquid has reduced slightly, about 20 minutes. Discard basil before serving.

Directions

- Cook pasta shells according to package directions until al dente, 6 to 7 minutes. Drain immediately and shake dry completely.
- In a large bowl, stir together egg, ricotta, 1 ¼ cup mozzarella, ½ cup Parmesan, spinach, thyme, nutmeg, pepper, red pepper flakes, lemon zest (if using), salt, and garlic until smooth. Transfer to the refrigerator until ready for use.
- Preheat oven to 375°. In a large oven-proof skillet over medium heat, heat oil. Add garlic and cook until lightly golden, stirring occasionally, about 3 minutes. Add nutmeg and stir until fragrant, 30 seconds. Add marinara and

- sugar and stir until combined. Transfer 2 cups of marinara to another bowl. Spread remaining 1 cup marinara evenly across the skillet.
- Fill pasta shells with 1 tablespoon ricotta mixture each and place in the skillet. Spoon remaining sauce over top. Top with remaining ½ cup mozzarella and 2 tablespoons Parmesan.
- Bake, covered loosely, until cheese is melty, about 30 minutes. Remove foil, then bake until cheese begins to turn golden, about 10 minutes.
- 6. Garnish with remaining Parmesan, nutmeg, and herbs before serving.

Recipe #3

Pistachio Cake

Makes 18 servings

Ingredients

Cake:

- 1 ½ cups unsalted shelled pistachios, divided
- 2 ½ cups cake flour
- ¾ cup all-purpose flour
- · 1 tbsp baking powder
- 1 tsp baking soda

- 1 tsp coarse kosher sea salt
- 1 cup unsalted butter, softened
- 1 ¾ cups granulated sugar
- 1 tbsp vanilla extract
- ¾ tsp almond extract

- 1 large egg
- 1 cup whole milk
- ½ cup sour cream
- 3 egg whites + 1/2 tsp cream of tartar

Frosting:

- 1 ½ cups unsalted butter, softened
- 2 tsp vanilla extract
- 1/4 tsp coarse kosher sea salt
- 6 cups powdered sugar
- 1 ½ cups mascarpone

Directions

- Preheat oven to 350°. Spray or butter and flour three 9-inch round baking pans. Line bottoms with a parchment round, set aside.
- 2. In a food processor, pulse 1 ¼ cups pistachios until a finely ground powder form.
- 3. In a medium mixing bowl whisk together the ground pistachios, flours, baking powder, baking soda, and salt.
- In the bowl of a stand mixer, beat butter on high until smooth and creamy, about 2 minutes. Add sugar and beat for 2 minutes on high. dd vanilla, almond and egg, mix until combined.
- 5. With mixing speed on low, alternate adding dry ingredients and the milk and cream. Mix until a few dry streaks remain.
- In a medium mixing bowl, using a hand mixer, beat 3
 egg whites and cream of tartar until stiff peaks form.
 Using a rubber spatula, gently fold into the batter until
 incorporated.

- Divide the batter evenly between the prepared pans. Place in the oven and bake for 35-40 minutes or until the top springs back when touched.
- Remove from the oven and allow to cool in the pans for 15 minutes before inverting onto a wire rack to cool completely.
- Meanwhile, to make the frosting, in the bowl of a stand mixer, beat butter on high until creamy, about 2 minutes. Add vanilla, salt and powdered sugar, mix until combined. Add mascarpone and mix on low for 10 seconds, then fold by hand until a smooth, creamy frosting forms.
- 10. To assemble the cake, ¼ of the frosting between the first layer, a ¼ of the frosting between the second layer, and spread the remaining frosting over the top and down the sides of the cake. Chop the reserved ¼ of pistachios and sprinkle on the top edges. Add a pinch or two of large sea salt flakes before serving.



Grocery List

2 bunches arugula	Fresh thyme leaves		Unsalted shelled pistachios
Extra-virgin olive oil	Freshly grated nutmeg		Cake flour
1 lemon	Freshly ground black pepper	_	All-purpose flour
Freshly ground black pepper	Crushed red pepper flakes		Baking powder
Parmigiano-reggiano	Kosher salt		Baking soda
1 (12-oz.) package	11 garlic cloves		Unsalted butter
jumbo shells	Marinara sauce		Vanilla extract
5 large eggs	Granulated sugar		Almond extract
1 (16-oz.) container ricotta	1 medium onion		Whole milk
Shredded mozzarella	1 (28-oz.) can		Sour cream
Grated Parmesan	whole tomatoes		Cream of tartar
1 (16-oz.) package	Dried oregano		Powdered sugar
frozen spinach	2 large sprigs fresh basil		Mascarpone